

Weekly Activities

2022/2023

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM							
	Finish on		Finish on	Finish on		Nepalese	Potters House
	26 th September 2022		8 th December 2022	10 th October 2022	Renew Women's	Community	Church
					Recovery Cafe –10-2pm	Glasgow	9.30-12pm
	Elcho Garden		Elcho Garden	Elcho Garden			
	Garden Workshops		Volunteers	Gardner Support Session	Getting Started IT course	9am – 12pm	
	10.30-12.00 &		10.30-12.00 &	10.30-12.00 &	10am-12pm		
	1pm-2.30pm		1pm-2.30pm	1pm-2.30pm			
PM	51 1 244 0 1 1		C		41: 1: 445		5 5 5 6 5
	Finish on 24 th October	Deliah Casakina	Starts back from 7 th		Alison Thewliss MP		Polish Scouting
	2022	Polish Scouting	of September		SNP Member of the UK		Association
	Be Well Book Club	Association	Calton Area		Parliament for Glasgow Central		A C
	Be Well Book Club	5.30 – 6.30pm	Association				4pm – 6pm
	1 20nm 2 20nm		Golden Club		Constituency Office Every Second Friday of		
	1.30pm-3.30pm		(every 2 weeks)		the month		
			1pm-4pm		1pm- 2pm		
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					Music Referral		
					Programme		
					'Singing for fun'		
					2.30-4pm		
Evening					2.30 15.11		
Lveillig	Satori Karate			Sequence & Old-time			Potters House
	6pm-7pm	Line Dancing	Potters House Church	dance	Fitness classes		Church
	Op 7 p	7pm-9pm	6.30-9pm		5pm-6pm		6 – 8pm
		, p 5p	0.00 5pm	Every Third Thursday of the	эрт-орт		о орт
	Community Bingo			month			
	7.30pm-9.30pm			7.30pm-10pm			